



Ballet Wrap Skirt

A free sewing pattern and tutorial
by Ceri Staziker

This is a free pattern and easy tutorial for a ballet wrap skirt. I'd love to see your interpretation of this pattern, so please share your makes on Instagram with the hashtag #balletwrapskirt



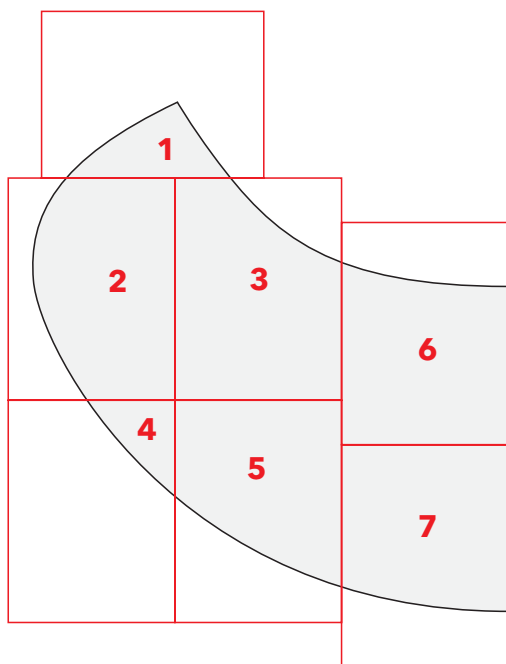
My downloadable pattern fits waist sizes 24–28 inches, but you could easily hack the pattern to fit a narrower or wider waist.

You will need:

- 1 yard of chiffon
- 2.5 yards of satin bias binding
- Sewing machine
- Rolled hem foot (optional)

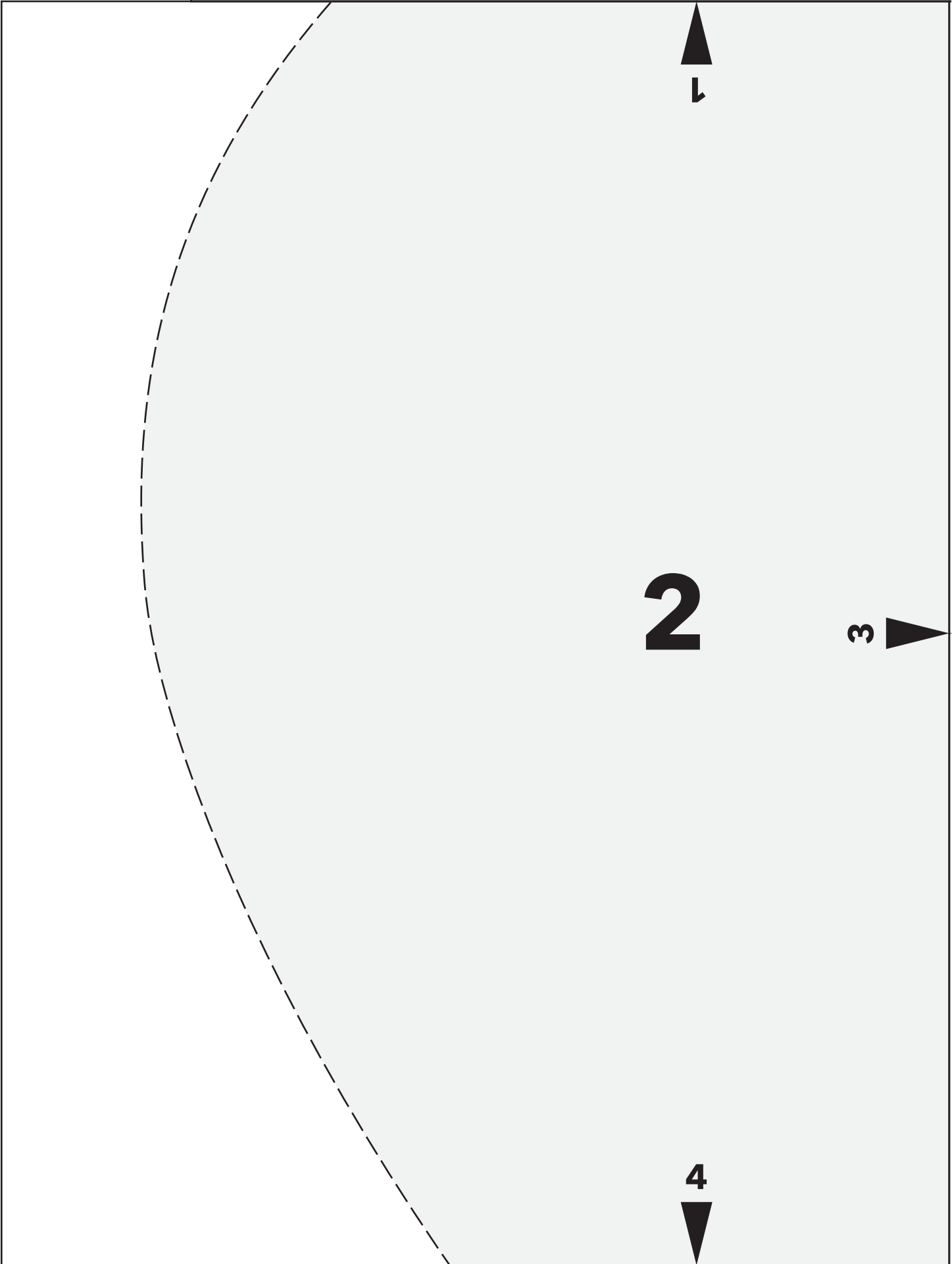
Ballet Wrap Skirt

PRINT OUT AT ACTUAL SIZE
Cut out pattern pieces and
tape together, matching
numbers at arrow points



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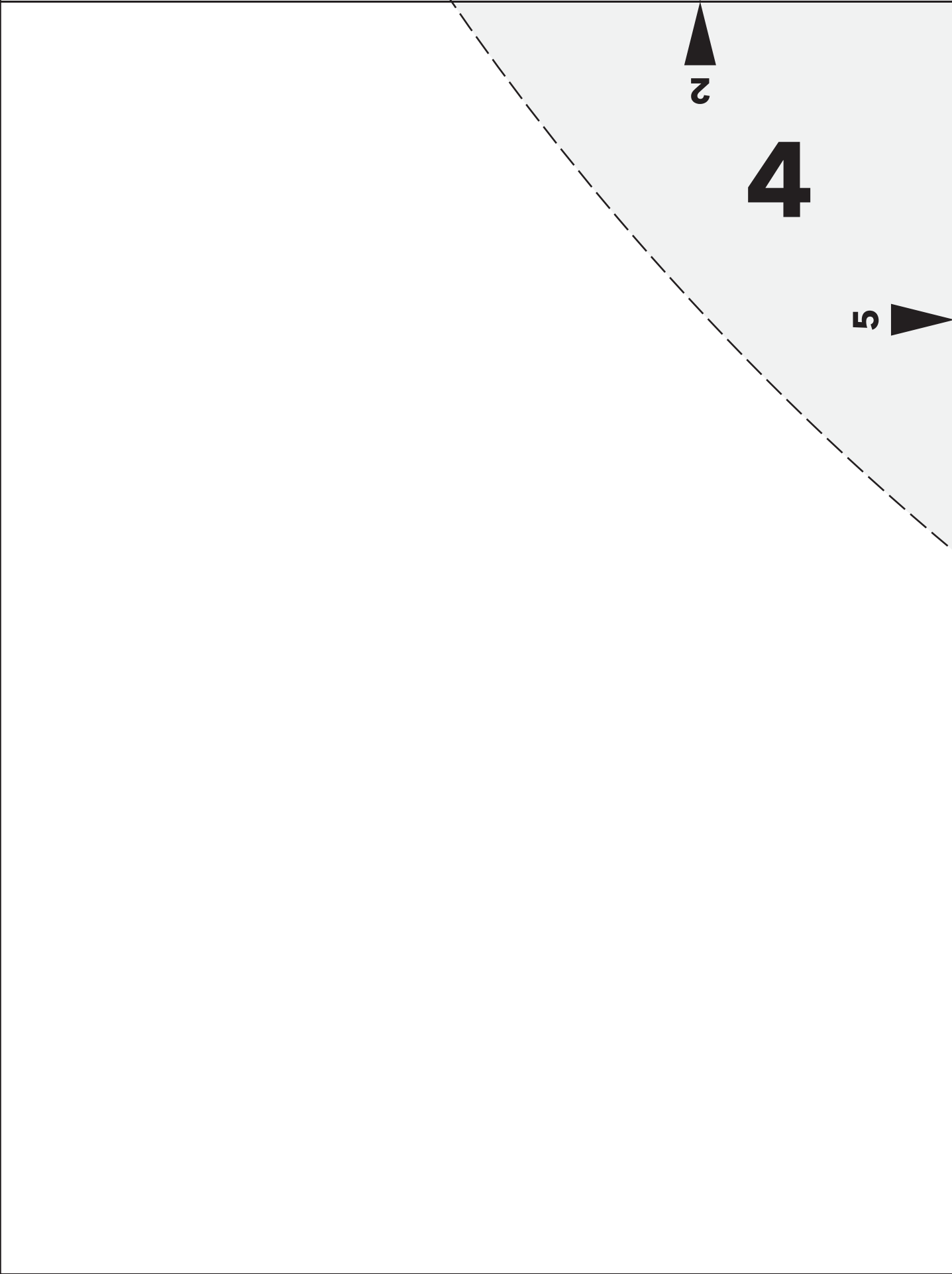
A diagram of a pattern piece for a skirt. It is a large rectangle with a diagonal dashed line from the top-left corner to the right edge. The area to the left of the dashed line is shaded light gray. The piece is labeled with numbers 1 through 6 and arrows indicating fold lines: 1 at the top-left corner, 2 on the left edge, 3 in the center, 4 at the bottom center, 5 on the right edge, and 6 on the right edge. The text 'Ballet wrap skirt' is centered in the middle, and a note at the bottom explains the cutting process.

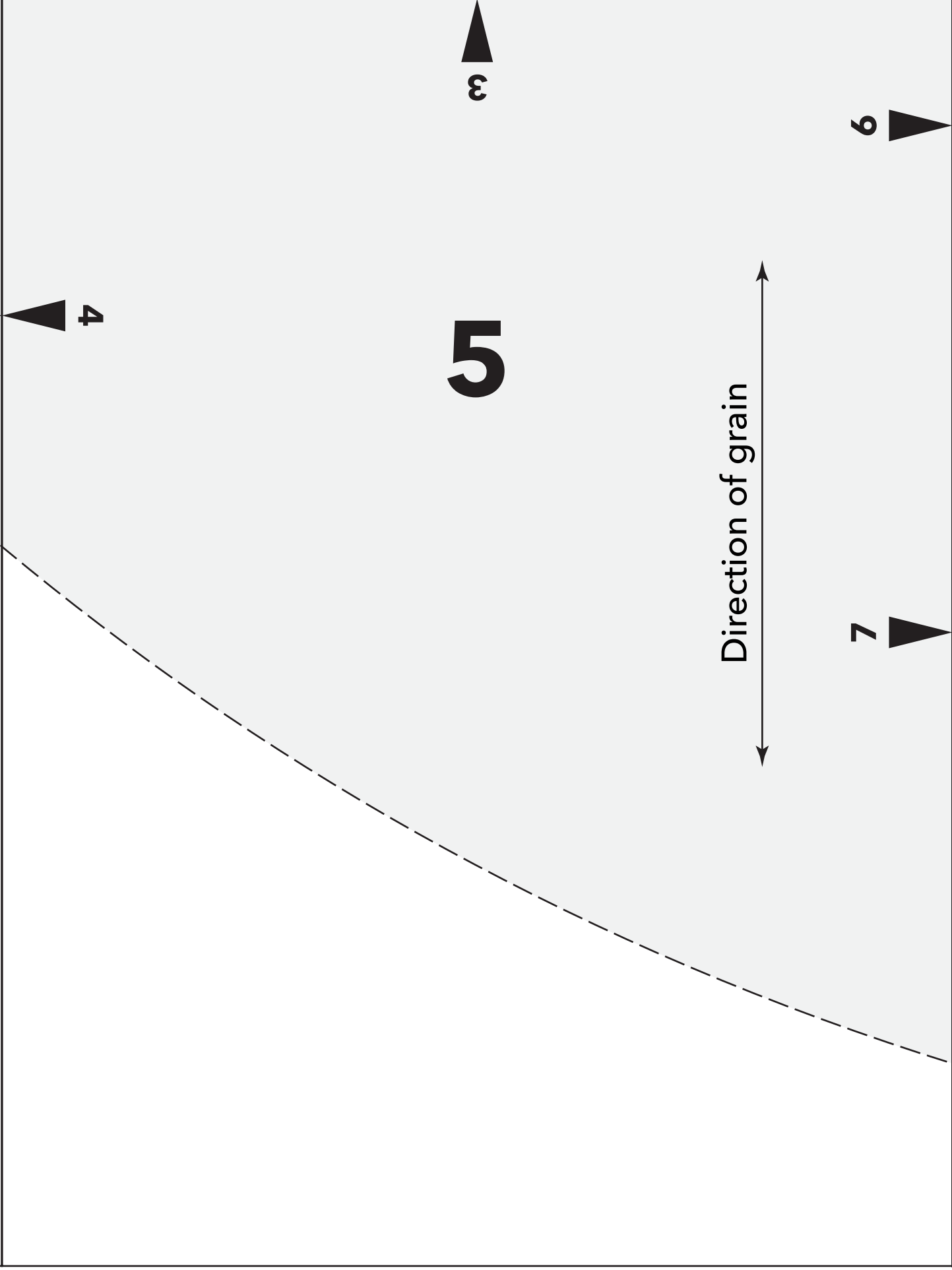
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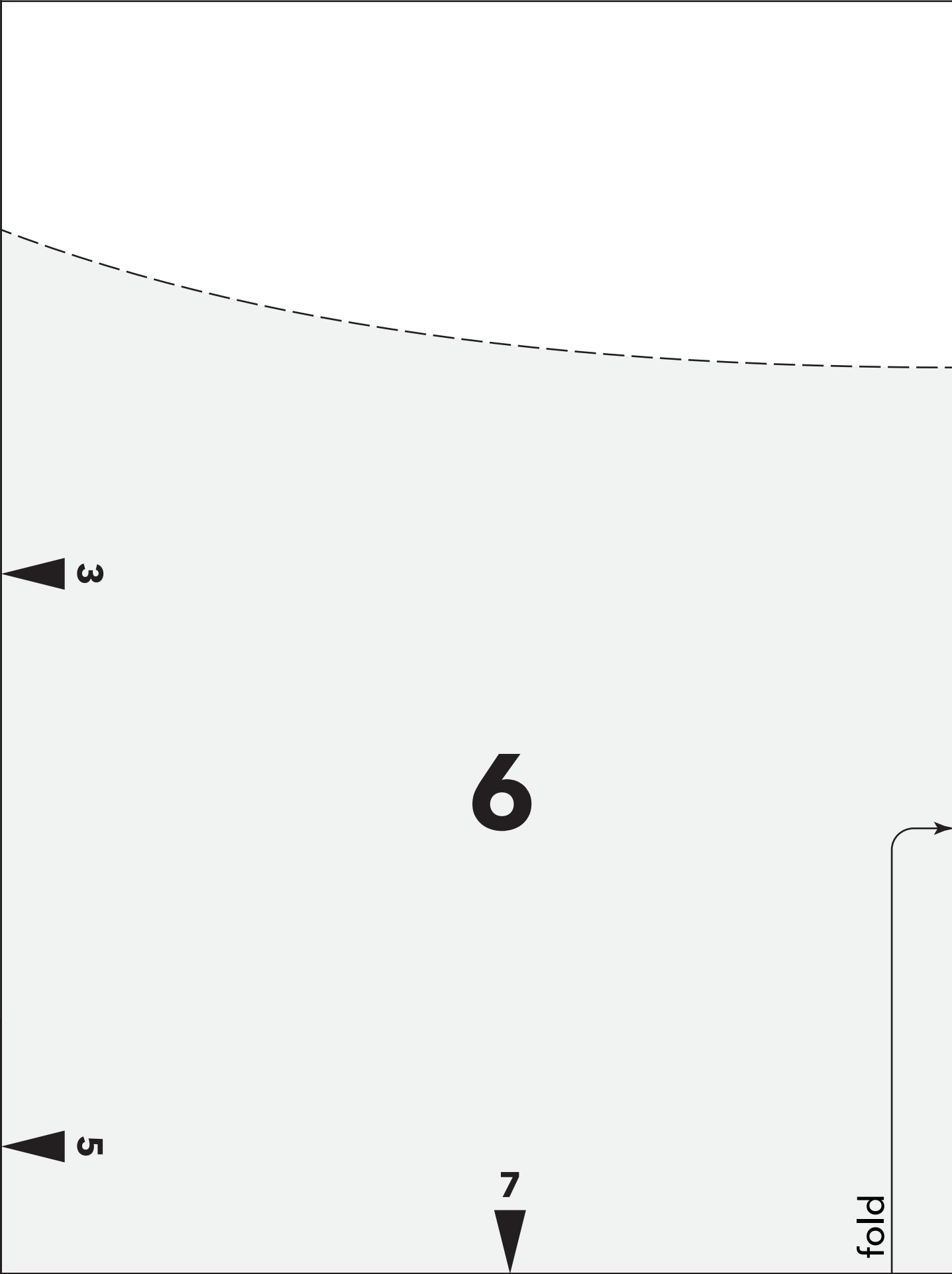
Ballet wrap skirt

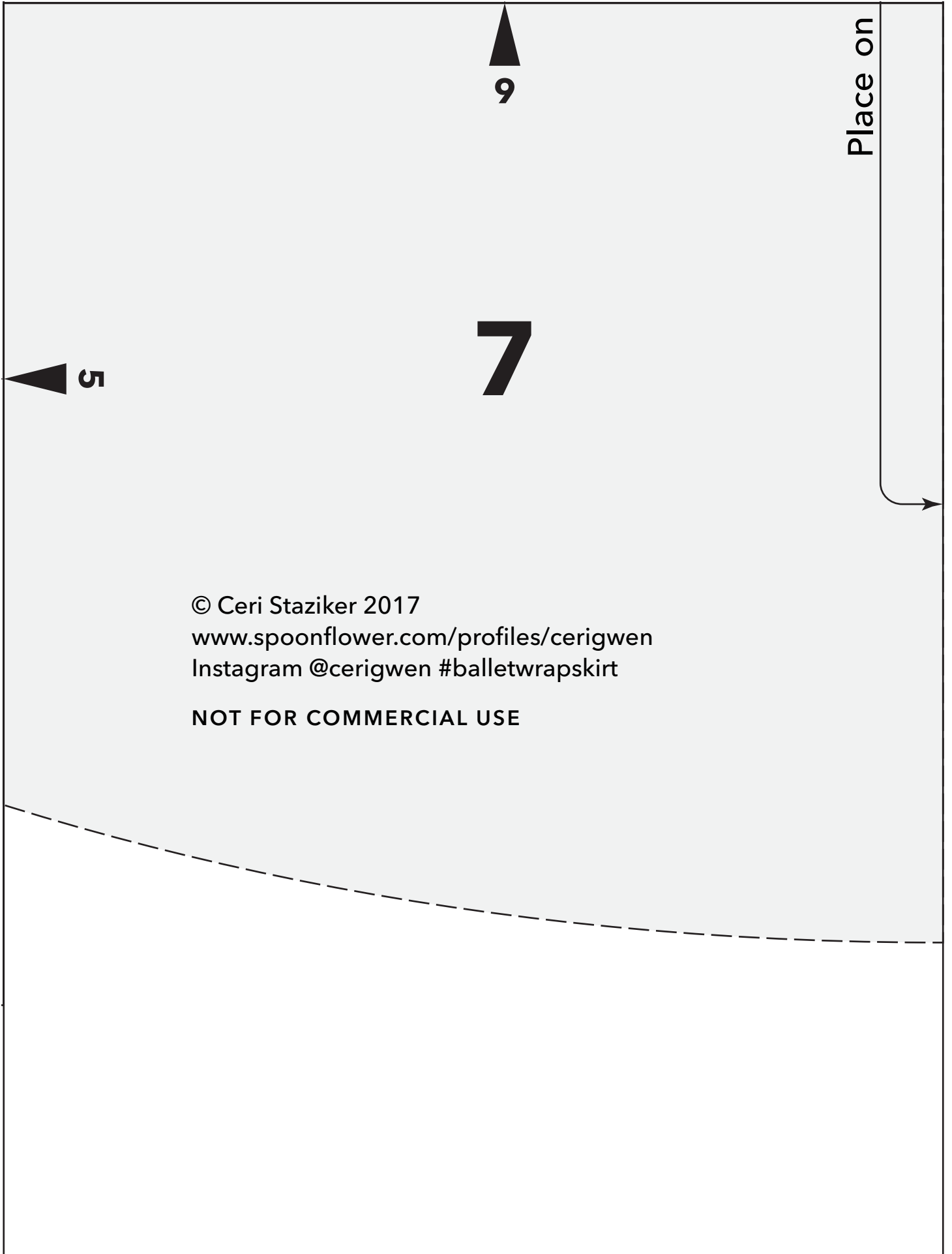
**After taping pattern together,
cut one fabric piece on the fold**

5









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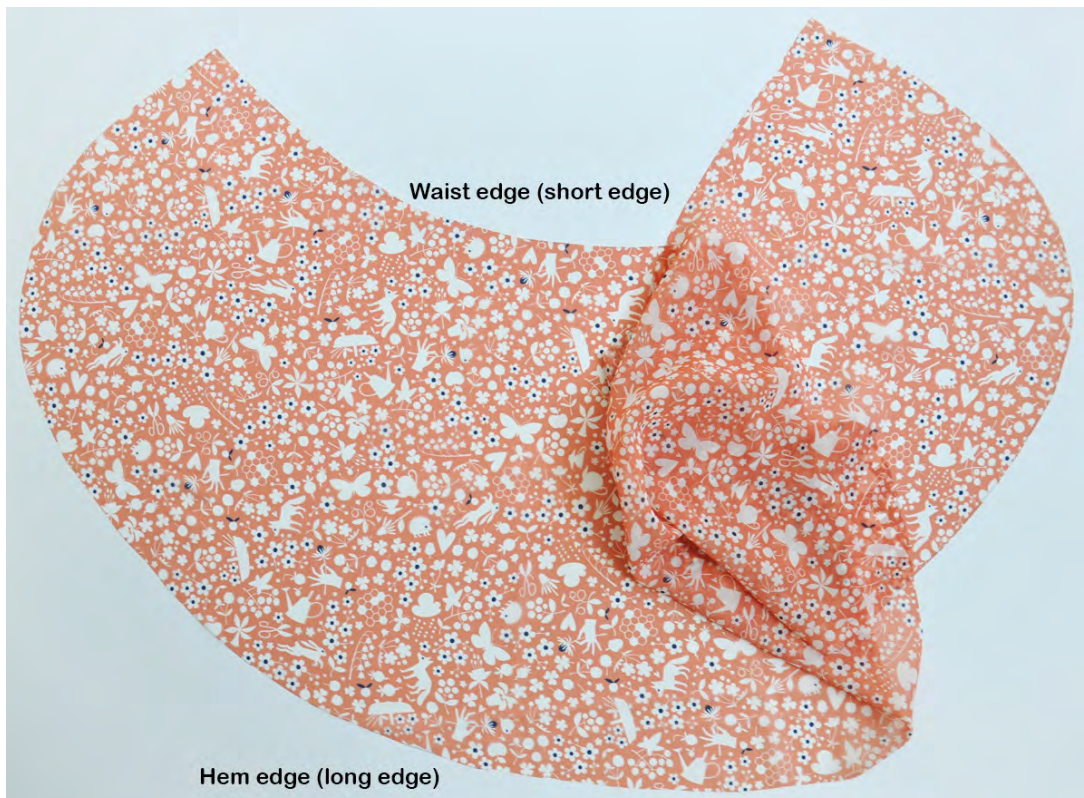
Ballet Wrap Skirt

Instructions



1. Print out the downloadable pattern pieces and stick them together with tape.

2. Cut out the skirt from the chiffon fabric.



3. You are going to sew a hem along the longest edge. With fine fabrics like chiffon, the neatest way to do this is with a rolled hem. A rolled hem is a very narrow double-folded hem. Many sewing machines have a special foot which will sew a rolled hem for you, but if you don't have one, Youtube is a great resource for tutorials on how to sew one by hand. The hand-sewn method will be more time-consuming but you will get a beautiful result. Alternatively you could serge your hem. Again, Youtube is a great reference if you need guidance for serging with sheer fabrics.



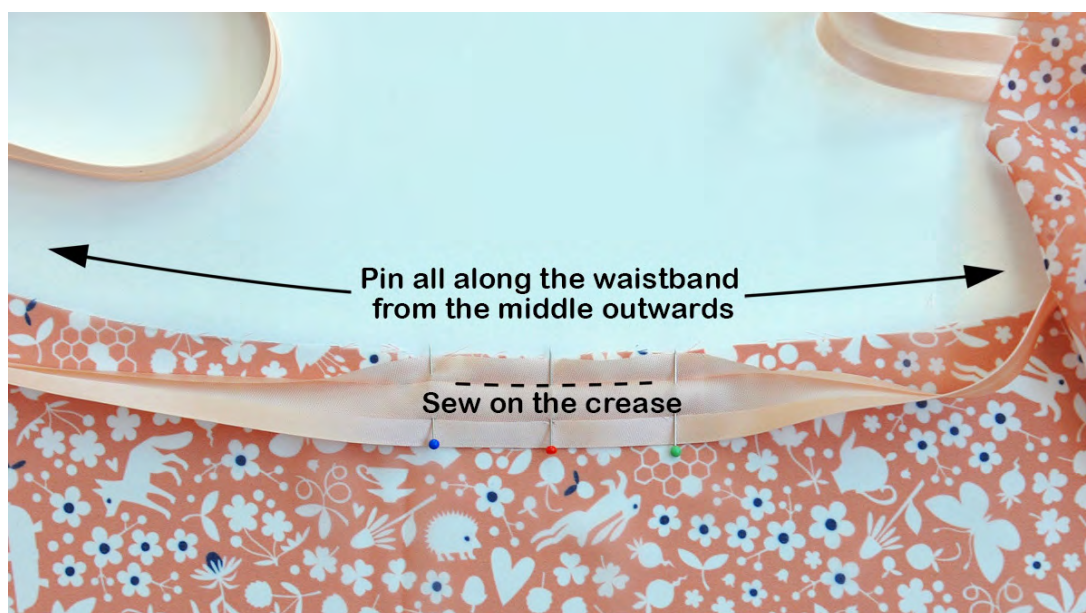
4. I have a rolled hem foot for my sewing machine. Its a little more fiddly to use with sheer fabrics, so its a good idea to practice first on a scrap. Make a narrow double-fold at the starting edge and finger-press it.



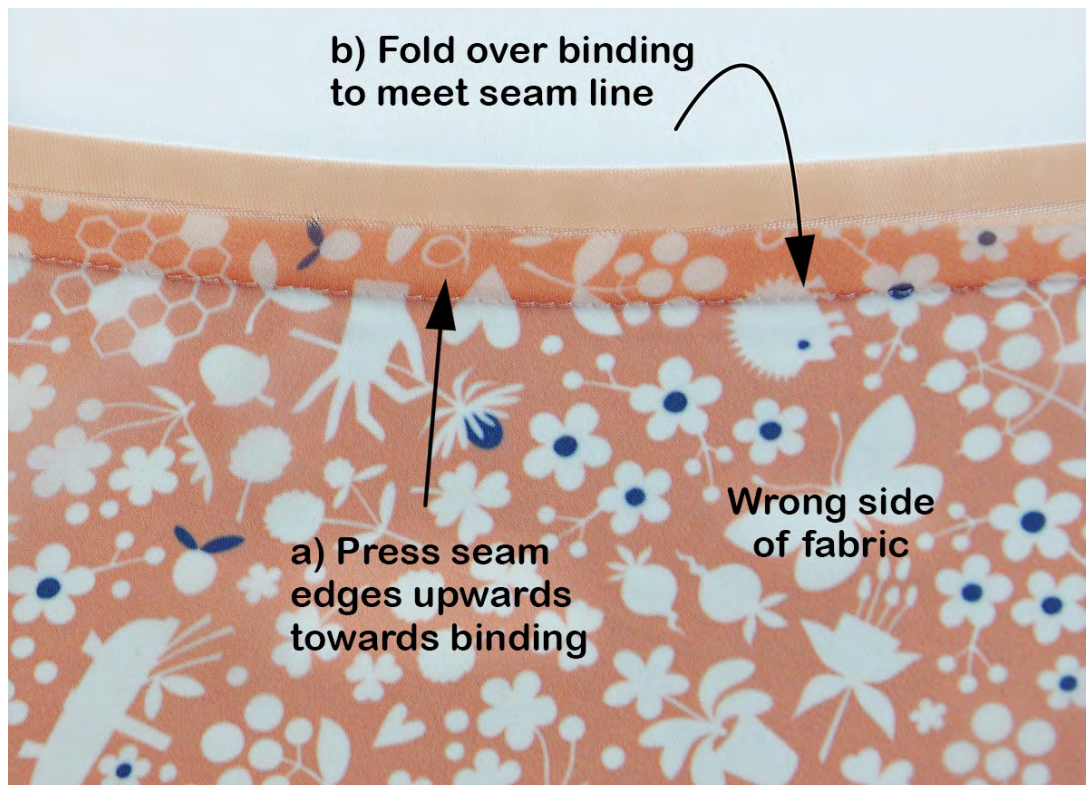
5. Place the finger-pressed edge under your rolled hem foot and stitch a few stitches to get started. Then hook the edge of the fabric around the curve of the foot and continue stitching. Take it slowly and steadily, guiding the fabric as you go. When you're confident, go ahead and sew the rolled hem on your skirt. It should look like this the photograph below. Press the hem with a warm iron (remembering to protect the chiffon with a cloth).



6. Next you're going to attach the satin bias binding to the waist edge to create the waistband and ties.



7. Find the centre of the waist edge of the skirt by folding the fabric in half and marking the centre point with a pin. Do the same with the bias binding. Match the centre of the waist with the centre of the binding. With right sides together, starting at the centre point, pin the (unfolded) bias binding to the skirt, working outwards in both directions. The bias binding will extend further than the waist edge as it will eventually form the ties. Don't worry about this yet, just pin the binding as far as the edges of the waist. Machine sew along the length of the waist edge, following the top crease in the bias binding, as shown in the photograph above.



8. Using a warm iron (with a protective cloth over the chiffon), press all the seam layers upwards towards the binding as shown above. Then fold over the bias binding to meet the stitched edge of the seam. Tuck in the raw ends of the binding at both extreme ends. Pin or baste in place.



9. Machine stitch along the entire length of bias binding to enclose the waist seam. You will have automatically created the ties at the same time. See photograph above. Press the finished waistband.



That's it! You've created a beautiful ballet wrap skirt.



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